

Leadership Workshop #1

Traits of a Leader

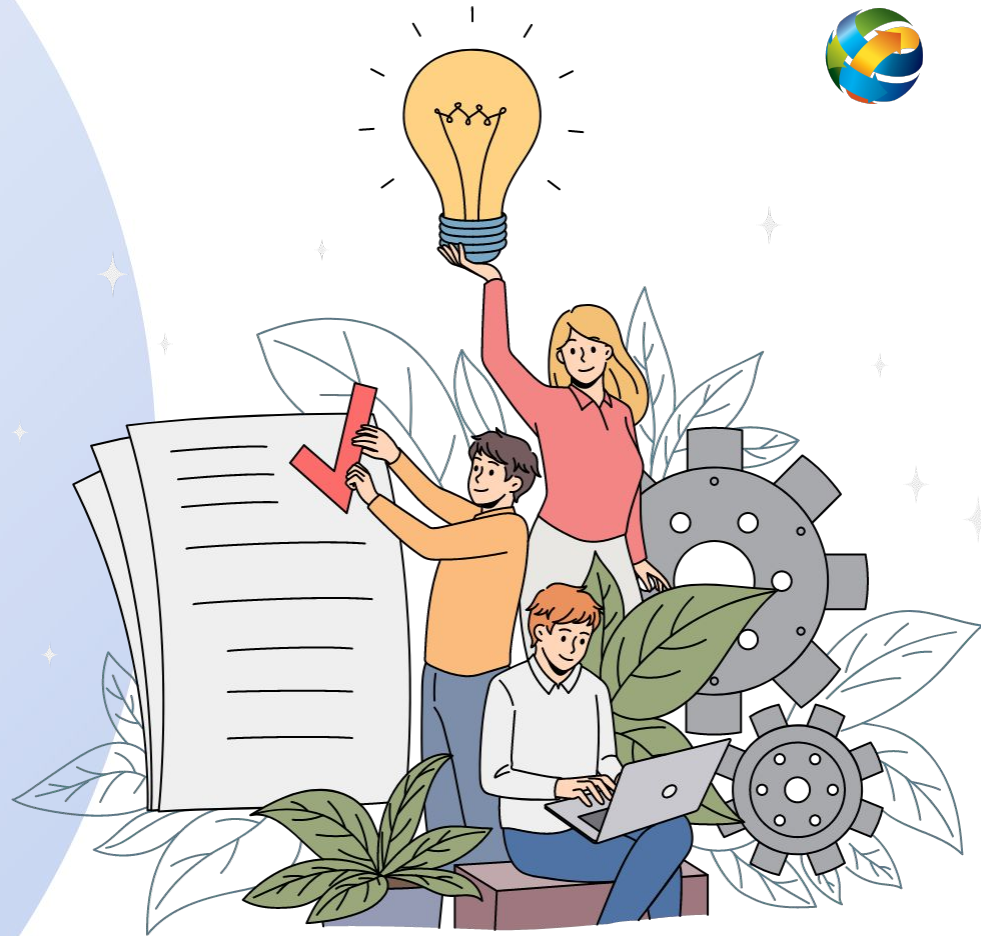
Andi Laudisio, Ph.D



Overview

Today we will:

- Identify **traits** of a good leader
- Discuss **what leadership looks like** in each of our communities
- Identify areas of **strength** and **weakness** within our leadership
- Think about how we want to **impact our communities**

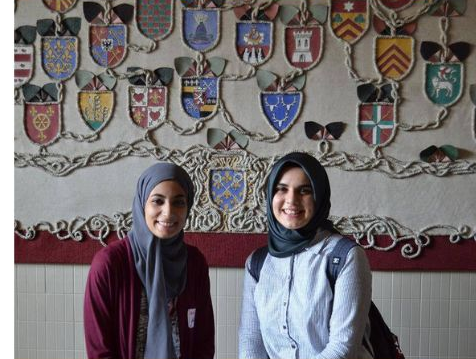


What is a Leader?

There are many ways to define a leader and what leadership mean. Overall, **leadership is a learned skill** and a good leader is **always learning and growing**.

Listening and **effective communication** are the building blocks for quality leadership skills.

Leadership, both as a research area and as a practical skill, encompasses the ability of an individual, group or organization to "lead", influence or guide other individuals, teams, or entire organizations.





Leadership

A leader guides a group's impact and supports individuals **working together to accomplish a goal.**

Leadership is an **action** more than it is a **description**.

Simply being in a leadership role does not make someone a great leader with leadership capabilities.

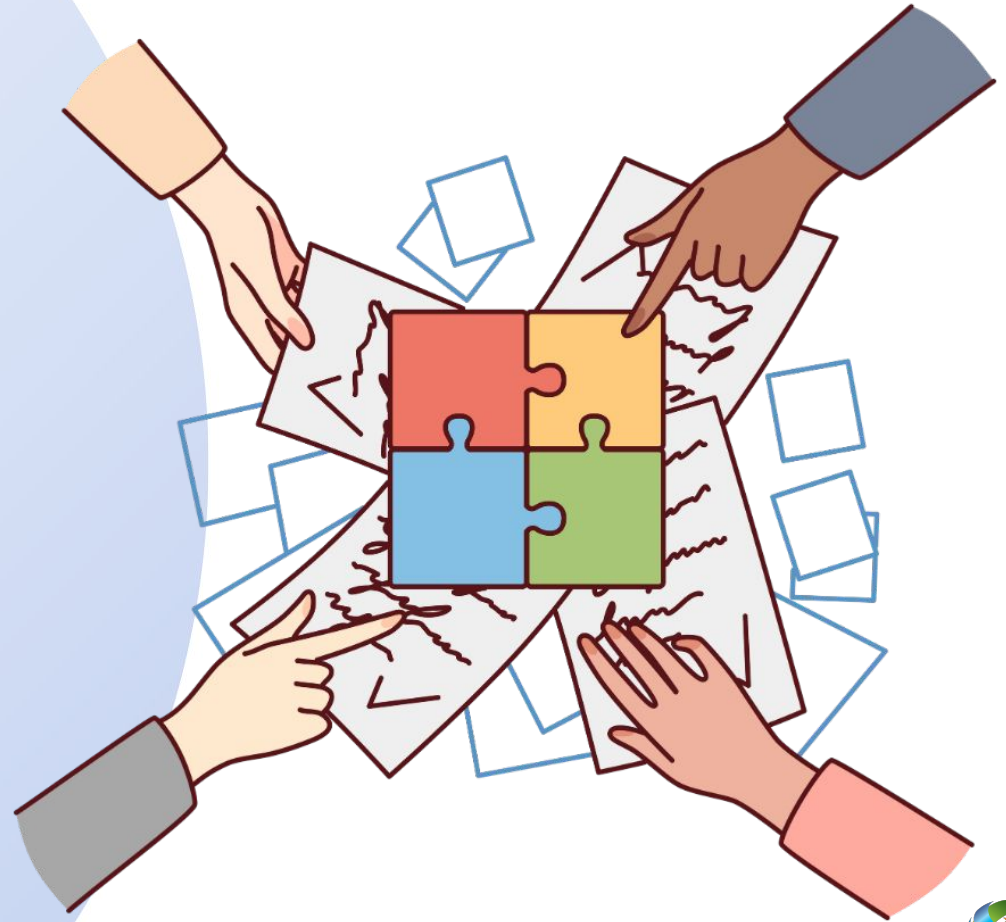
Actions are more important than words.

- Being supportive
- Operating with a strong results orientation
- Seeking different perspectives
- Solving problems effectively



Traits of a Good Leader

1. Integrity
2. Delegation
3. Communication
4. Self awareness
5. Gratitude
6. Learning agility
7. Influence
8. Empathy
9. Courage
10. Respect





Dialogue and Leadership

One tool to become a more effective leader is dialogue.

Listen to understand and not to respond.

Arriving with an open mind and willingness to adapt

What are some dialogue tools or principles we have discussed that you think would be helpful as a leaders?



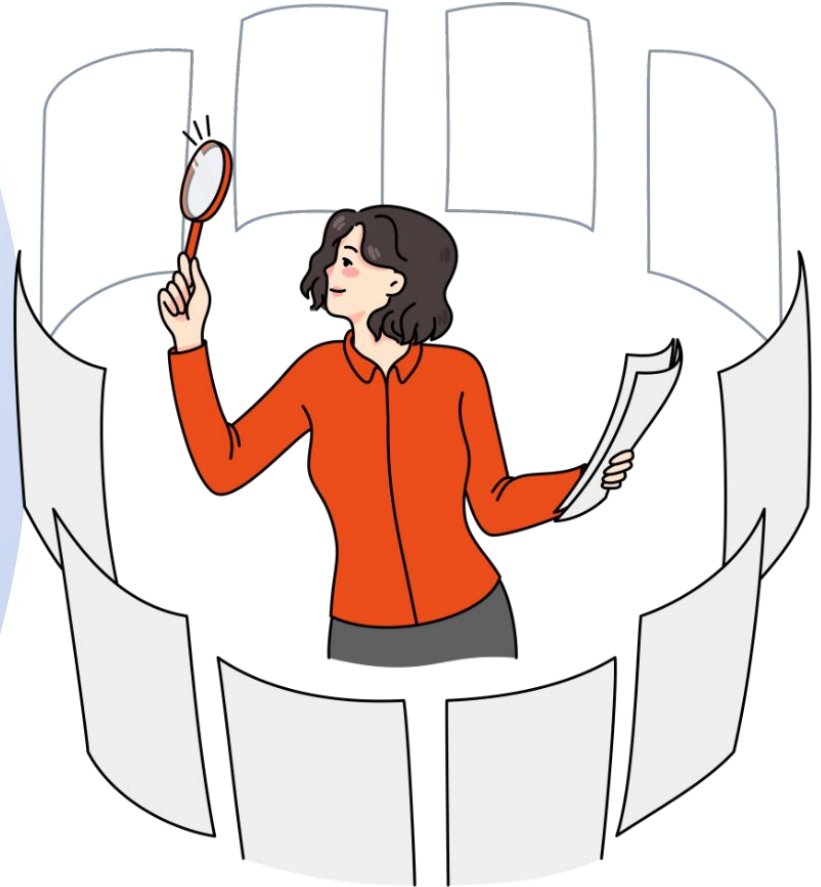
Who are some leaders you look up to?

- What have they done?
- What are some qualities you admire?
- Who are their support networks?
- What organizations or communities do the work with?



Leadership Challenges

What are some challenges leaders face in your communities?



CAP

- Community Action Plans
- Reasonable project to complete upon your return
- 6-12 months
- 3 Min presentations on July 18th 4- 5:30 pm

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SMARTIE Goals



<https://docs.google.com/document/d/1u8QyjtUuAxIHO0c1DeHYu5O8BT3e-wL9TpaWiV5CZGQ/edit>

Smartie goal worksheet



Setting a Goal

<https://docs.google.com/document/d/1NiYipEC614WO6dk7wWthkbihYRX7H83ZbX2tfaSuRvE/edit>

Goal setting worksheet





CAP Drafts

Draft plan must be submitted to Andi
by **Monday, July 10th** via email to:

afl@dialogueinstitute.org

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